

COUNCIL ON AGING BOARD MEETING

Minutes of the Council on Aging Board Meeting held on October 11, 2018

Members Present: William Byron, Peter Cirioni, Ruth Delmonico, Steve Dungan, Susan Pauley

Associate member present: Kathy O'Brien

Absent: Members: Ruth Banfield, Susan Matatia and Associate members, Kate Hogan and Brian Burke

The Director of the COA, Alyson Toole, was present.

Outreach Worker, Sharon Funkhouser was in attendance.

A quorum being present, the meeting began 10:03 A.M.

Liaison Reports

The Community Services Coordinator sent her report for September. She served eighteen households and made twenty-nine contacts in a number of categories.

CPC: Peter is not able to attend meetings due to family issues.

No Chair's Report

Suzanne Howley's Report was presented by Sharon Funkhouser.

Trips & Events:

- A bus trip to Mt. Wachusett is planned for October 17 followed by lunch at the Old Mill restaurant.
- The "Honky Tonk" piano show will be on October 18 at 1 P. M.
- On November 14, a trip to Wegman's at the Natick Mall is scheduled. This is their first store in a mall.
- A free chair yoga class will take place on November 15 at 9:30.
- On November 28, we'll have a trip to Tower Hill Botanic Garden to see their winter display.

Client Work:

- Birthday cakes were delivered in September and October.
- We continue to address the issues of our high needs client. He needs hearing aids but can't afford them. The Boston Guild Hearing Aid Outreach Program at Northeastern University offers one hearing aid for \$250, but he insists he needs two which would cost several thousand dollars. This client has financial difficulties, and we met with the conservator and the new conservator to discuss his problems.

Fuel Assistance:

The training took place on October 5th. The forms are available and applications can be taken. The Community Services Coordinator will be notified so her clients can apply.

Sharon Funkhouser's Report:

- Things are being reviewed and a description of the tasks of this position is being prepared for the new outreach coordinator.
- This month, we scheduled an autumn walk, a tour and lunch at a brand new memory care assisted living facility in Sudbury, and a Medicare Open Enrollment talk.
- We're partnering with Lifecare Center of Acton for a Halloween Party which includes a free lunch.

- A reminder that the annual flu clinic will be held on October 20th from 10 A.M. to 1 P. M. organized by the Nashoba Board of Health and the Stow Medical Reserve Corps.
- Since our last Board meeting, we have 68 outreach services including phone, office, and home visits. 575 people signed in for food and 600 attended our exercise classes.
- Today we could use help since we're loading bags onto a truck heading for Savers.

Sharon thanked the board for their support through the years.

Director's Report:

- **Outreach Position**-Looking to improve the position by shifting some responsibilities and changing the number of hours to seventeen per week. The pay rate will be lower than Sharon's and there will not be any benefit package. We're waiting for Bill Wrigley to approve the listing for the job so it can be posted.
- Bill Wrigley has asked the COA to do all the scheduling for rooms at the Community Center. After much discussion, the Board voted to recommend that the COA should not assume the function of scheduling rooms at the Community Center, but instead this should be the job of a building coordinator. Steve Dungan left at 10:40 and did not participate in the discussion or vote.
- **Interview committee** will be comprised of the director, two board members, and the social worker.
- **Old Van:** The Recreation Dept. would like the five passenger van which saves the time and effort of selling it.
- The party for Sharon is being planned by Gigi. It will be on Tuesday, October 30th from 2 to 4 P. M.

No other business. The meeting adjourned at 11:15 A. M.

Respectfully submitted, Ruth A. Delmonico, Secretary

Ruth A. Delmonico, November 8, 2018