

MINUTEMAN SENIOR SERVICES

MAY MEAL SITE MENU

TUESDAY

7

Raviolis
Squash Blend
Whole Wheat Bread
Mandarins

14

Turkey with Gravy
Mashed Potatoes, Carrots
Low Sodium Wheat Bread
Applesauce

21

Mediterranean Cod
Roasted Potatoes, Creamed Spinach
Whole Wheat Dinner Roll
Fresh Fruit

28

Stuffed Shells
Broccoli
Dinner Roll
Applesauce

THURSDAY

2

Potato Crunch Fish on a Whole
Wheat Roll
Rice Pilaf, Brussels Sprouts
Apple Slices

9

Special

Asparagus-Cheese Crustless
Quiche
Au'gratin Potatoes, Glazed Carrots
Fresh Fruit Salad
Coffee Cake

16

BBQ Pulled Pork on a Burger Bun
Sweet Potato Tots, Corn
Mandarin

23

Cold

Egg Salad on Oat Bread
Italian Pasta Salad
Garden Salad
Cake

30

Meatloaf with Gravy
Mashed Potatoes, Peas
Oat Bread
Chocolate Pudding