

**TOWN OF STOW  
RECREATION DEPARTMENT**

**STOW SKI PROGRAM REGISTRATION FORM 2009-10**

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Parent's or Guardian's telephone number in case of an  
EMERGENCY on Friday's between 2:00-7:00 p.m. \_\_\_\_\_  
For Our Medical Records (Please write NONE or N/A if there are no medical issues):

Disabilities: \_\_\_\_\_

Allergies: \_\_\_\_\_

Medications: \_\_\_\_\_

**Registration:** **Please make check payable to:** **Town of Stow**

**Ski Lessons:** \$170.00 \_\_\_\_\_

(Required if child has never skied before)

Has your child ever skied before: yes \_\_\_\_\_ no \_\_\_\_\_

**Racing:** \$180.00 \_\_\_\_\_

**Snowboard lessons:** \$170.00 \_\_\_\_\_

Has your child ever snowboarded before: yes \_\_\_\_\_ no \_\_\_\_\_

**No lessons:** \$140.00 \_\_\_\_\_

(Optional if child is an experienced skier)

**Transportation:**

**Bus:** \$80.00 \_\_\_\_\_

**Late Registration Fee** \$30.00 \_\_\_\_\_

(After 12/1/2009) \*\*\* No registrations will be accepted after 12/18/08 \*\*\*

**Any parents interested in chaperoning please check below: (chaperones get a free ski pass)**

Ride Bus: \_\_\_\_\_ Help out at Nashoba \_\_\_\_\_

I hereby give permission, in the case of an injury, for appropriate medical  
Personnel to take my child to a hospital for treatment, which may include  
Evaluation for injuries, x-rays and any needed emergency care provided that I will  
Be notified as soon as reasonably possible of the need for treatment for such  
Injury.

Parent's/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**STOW SKI PROGRAM  
BAD WEATHER POLICY**

If the weather is questionable, please contact Nashoba Valley Ski Area (692-3033) or the Stow Recreation Department at 461-1411. A decision will be made by 1pm on Friday if conditions are questionable. If school is cancelled on Friday due to snow, skiing will also be cancelled. Parents must indicate below if they would like their child to be sent home on the bus or sent to after school care in the event that the ski program is cancelled. **Parents will not be called if the program is cancelled!**

I would like my child (ren) sent home on the bus if the ski program is cancelled.

YES \_\_\_\_\_ NO \_\_\_\_\_

I would like my child (ren) sent to the after school program if the ski program is cancelled.

YES \_\_\_\_\_ NO \_\_\_\_\_

Please indicate if you are planning to make other arrangement for your Child (ren) pick up from school in case of the ski program being cancelled.

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**STOW SKI PROGRAM  
RULES AND REGULATIONS  
PARENT RELEASE FORM**

NOVEMBER 2009

TO: STOW SKI PROGRAM PARENTS

Parents please read and follow the important information listed below.

PLEASE REMEMBER YOUR SIGNATURE IS REQUIRED AT THE BOTTOM.

1. Note times of program. Departure from school is at dismissal time.
2. All children must be dressed appropriately, (i.e. hat, gloves/mittens, snow pants, etc.)
3. The first time your child discovers he/she has forgotten a piece of equipment or clothing they may call a parent and ask them to bring it to school. Your child may not be allowed to make calls from the office if there are subsequent occurrences. Those children missing essential pieces of equipment will go to the mountain and wait in the lounge with a chaperone.
4. **PARENTS PICKING UP CHILDREN AT NASHOBA:**
  - Your child/ren must give a note to the chaperone on the bus.
  - If we have no note by 6:00 pm or if you are not at Nashoba by 6:00 pm your child must ride the bus back to school. **WE CANNOT DELAY THE DEPARTURE OF THE BUSES.**
  - You must communicate to you child/ren the location of the pick-up. **Meeting Place:** Along the boardwalk in front of the First-Aid building.
  - You and your child/ren must check in with the appropriate school coordinator at the designated meeting place before leaving the ski area.
5. **BUS RULES AND INFORMATION:**
  - Buses will leave Hale/Center shortly after dismissal time.
  - Children must return to their bus by 6:00 p.m. for departure.
  - Buses should return to the schools by 6:30 pm. You must pick your child up at Center or Hale by 6:45. Anyone not picked up by 6:45 pm may be denied bus privileges. If a child isn't pick up by 6:45pm a chaperone will drive them home.
  - If your child is riding the bus, he/she is expected to ski every week unless you send a note stating otherwise (school absent is the exception).
  - Any Friday that your child will not be riding the bus, please write a note to the school notifying them of alternative plans.
6. Skiing and bus privileges may be revoked for any of the following reasons: Misbehavior on the bus or ski area, late pick-up, late to the bus or not supplying a chaperone with a note regarding busing or pick-up information.

I hereby release and hold harmless the Town of Stow, the members of the Stow Recreation Commission and program organizers, and any and all servants, agents, employees, or volunteers of the town however designated, and any and all personnel of the Nashoba Regional School District from any injuries, loss or other claims arising out of or resulting from my child's participation in the ski program, and agree to indemnify the town from any and all claims resulting.

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Parent's or Guardian's Signature

NOVEMBER 2009

TO: STOW SKI PROGRAM PARENTS

Please fill out the PERMISSION FORM below and return it to the appropriate coordinator for your child's school. Your child will not be released from school until we have received this form. In addition, please read the very important information included in both the RULES AND REGULATIONS and GUIDELINES. All participants of the ski program must adhere to this information.

**PERMISSION FORM  
STOW SKI PROGRAM**

I give \_\_\_\_\_ permission to be released at the close of school on Fridays, January 8, 15, 22, 29, February 5, 12 (Make-up date February 26, 2010) for the Stow Ski Program.

I understand that my child will be participating in the sport of skiing and that such participation could result in injuries. I have read to my child the guidelines for safe skiing.

The Town of Stow does not provide medical or other insurance for this program. Accordingly, parents are urged to ascertain that their own insurance coverage is sufficient to underwrite the costs of any medical care, which arise as a result of this ski program.

I hereby release and hold harmless the Town of Stow, the members of the Stow Recreation Commission and program organizers, and any and all servants, agents, employees, or volunteers of the town however designated, and any and all personnel of the Nashoba Regional School District from any injuries, loss or other claims arising out of or resulting from my child's participation in the ski program, and agree to indemnify the town from any and all claims resulting.

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Parent's or Guardian's Signature

# STOW SKI PROGRAM

## RULES AND REGULATIONS

JAN. 8, 15, 22, 29, FEB 5, 13 2010 (Make-up FEB. 26)

If the weather is questionable, please contact Nashoba Valley Ski Area (692-3033) or the Stow Recreation Department at 461-1411. If school is cancelled on Friday due to snow, skiing will also be cancelled that day. **PLEASE DO NOT CALL THE SCHOOLS.**

2. Skis may be dropped off at Center/Hale any time during the day on Friday. No skis are to be brought to school on the bus in the morning.
  - Center – Place skis in the lobby at the front entrance of the gym. Center students **must** take their backpacks on the bus.
  - Hale – Place skis in the front lobby against the brick walls outside the auditorium. Hale students may leave their backpacks in the lobby.
3. All skis, boots and poles must be labeled with your child's name.
4. All ski tips must be covered with socks or mittens and secured together.
5. All children must be dressed appropriately (i.e. hat, gloves/mittens & snow pants).
6. The first time your child discovers he/she has forgotten a piece of equipment or clothing they may call a parent and ask them to bring it to school. Your child may not be allowed to make calls from the office if there are subsequent occurrences. Those children missing essential pieces of equipment will go to the mountain and wait in the lounge with a chaperone.
7. Chaperones will be wearing red bandannas on their sleeves for easy identification.
8. Ski badges will be handed out on the bus the first week. Skiers are responsible for their badges for the six weeks. Parents providing their own transportation should see one of the coordinators for a badge prior to bus departure or look for a coordinator on the boardwalk at Nashoba.
9. **PARENTS PICKING UP CHILDREN AT NASHOBA:**
  - Your child/ren must give a note to the chaperone on the bus.
  - If we have no note by 6:00 pm or if you are not at Nashoba by 6:00 pm your child must ride the bus back to school. **WE CANNOT DELAY THE DEPARTURE OF THE BUSES.**
  - You must communicate to you child/ren the location of the pick-up.  
**Meeting Place:** Along the boardwalk in front of the First-Aid building.
  - You and your child/ren must check in with the appropriate school coordinator at the designated meeting place before leaving the ski area.
10. **BUS RULES AND INFORMATION:**
  - Buses will leave Hale/Center shortly after dismissal time.
  - Children must return to their bus by 6:00 p.m. for departure.
  - Buses should return to the schools by 6:30 pm. You must pick your child up at Center or Hale by 6:45. Anyone not picked up by 6:45 pm may be denied bus privileges.

(OVER)

- If your child is riding the bus, he/she is expected to ski every week unless you send a note stating otherwise (school absent is the exception).
  - Any Friday that your child will not be riding the bus, please write a note to the school notifying them of alternative plans.
11. Skiing and bus privileges may be revoked for any of the following reasons:  
Misbehavior on the bus or ski area, late pick-up, late to the bus or not supplying a chaperone with a note regarding busing or pick-up information.
  12. Permission slips will be given to the schools, so staff will know if your child is participating in the program.
  13. Center School Parents: Please write a note to your child's teacher informing them that they will be participating in the ski program for the next six-weeks.

## **GUIDELINES FOR SAFE SKIING FROM NASHOBA VALLEY SKI AREA**

1. Skier's Responsibility Code
  - a. Ski under control and in such a manner that you can stop or avoid other skiers and objects.
  - b. When skiing downhill or overtaking another skier, you must avoid the skier below you.
  - c. You must not stop where you obstruct a trail or are not visible from above.
  - d. When starting downhill, yield to other skiers.
  - e. All skiers shall use devices to prevent runaway skis.
  - f. You shall keep off closed trails and observe all posted signs.
2. After getting off buses, do not run along boardwalk towards rental. Runners will be sent back to the bus.
3. Do not ski a slope above your ability. Ski the same slope that you lesson was given on.
4. Ski into your lift lines under control and do not cut in line. Pair or triple up before getting into the lines.
5. Do not get off T-bar until after gray building at top.
6. Clear area at top of lift as soon as possible.
7. Do not stand directly under chair lift.
8. Please don't intentionally drop or throw anything from lift. No clicking skis while riding chair (skis may fall off and injure another skier).
9. There is no jumping, fast skiing or tucking down Nashoba slope.
10. Crossed skis, poles, bamboo or netting, block off an area for a specific reason (injured skier, snowmaking equipment and etc.). Please observe these warnings and do not ski near that area.