



**Get a
flu shot!**

Talk with your doctor
for more information.

it's up to
YOU
to stop the
FLU

**PROTECT
YOURSELF
AND OTHERS**



**Wash your
hands or
sanitize
often!**



**Sneeze
or cough
into a tissue
or sleeve!**



**Stay home
when sick!**

Don't bring the flu to work or school.

