

COUNCIL ON AGING

Transportation remains the number one service. The COA transported approximately 863 riders totaling over 6,580 trips covering 28,000 miles. The van fare income received was approximately \$4,500. The Council on Aging (COA) billed MART for transportation services totaling over \$36,344, which was turned back to the Town's General Fund Account.

The COA acts as the social services agency for the town, providing a variety of services and assistance to all ages in need. Our Outreach Coordinator and Worker provided numerous hours of *assistance* such as: housing, homecare, fuel assistance, food stamps, food pantry referrals, meals on wheels, RUOK, Life Line, home and hospital visits. *Nutritional Programs* are offered such as: Congregate Meals, Meals on Wheels, Monthly Breakfast, and "Soups On" Program. *Arts & Craft* classes are offered weekly. *Health and Educational* presentations are offered monthly on a variety of topics. Podiatry Clinics are held monthly. This past year, COA has loaned out over 146 items of Durable Medical Equipment including: wheelchairs, tub transfer benches, shower chairs, commodes, walkers, and other miscellaneous items. Weekly *Exercise Classes* offered include: Aerobics, Arthritis Stretch, Yoga and Zumba Gold. *Outings & Social Programs* such as: museums, casinos, restaurants, shopping, special teas, caregiver support groups, pet therapy, intergenerational events and a variety of holiday parties throughout the year. *Free Professional Services* offered this past year included: Reiki Clinic, S.H.I.N.E., Tax Preparation, Computer Class & In-Home Repair Service, Veterans Benefits, etc.

The COA oversees the Senior Tax Work-Off Program which continues to be very successful. It was filled to capacity; 20 participants worked in various town departments and the schools.

Approximately 86 volunteers provided over 4,000 hours of service this past year. Martha (Marty) Sheehan was presented with our "Unsung Hero Award". She has been a dedicated volunteer for over 7 years. She logged in over 234 hours, and always goes above and beyond the call of duty. The COA would not be able to do all that we do without their help. Thank you all!

Local organizations have offered their help such as Stow Garden Club, the schools, the Scouts, Stow Lions Club, First Parish, St. Isidore's, and Union Church. Local businesses have supported the COA throughout the year such as: Nancy's Airfield Café, Shaw's & Stow farms and orchards.

The Stow Friends of the Council on Aging (SFCOA) raise funds to supplement the COA. The COA would not be able to offer all the programs and services without their financial support. They pay for our monthly newsletter "The Stow Senior Scoop". They have a gift shop at COA.

Minuteman Senior Services (MSS) provided \$182,439 worth of services to 811 Stow residents this past year in return for our contribution of \$1,070.00.

Funding Sources: Mass. Executive Office of Elder Affairs, Stow Community Chest, Stow Cultural Council, Stow Friends of the COA, Stow Lions Club and the Stow Women's Club.

Respectfully submitted,

Ruth Delmonico, Secretary
Kristen Donovan, Chair
Stephen Dungan
Alice Olsen
Gus Stathis
Elizabeth Tobey
Newton Wesley, Vice Chair
Brian Burke, Associate

William Byron, Associate
Rep. Kate Hogan, Associate

Alyson Toole, Executive Director
Sharon Funkhouser, Outreach & Volunteer
Coordinator
Suzanne Howley, Outreach Worker

CULTURAL COUNCIL

The Stow Cultural Council is dedicated to creating a closer-knit community in Stow by sponsoring and supporting activities in the arts, humanities, and interpretive sciences that bring the diverse elements of our community together for enjoyment and cultural enrichment. The SCC especially seeks to fund projects that bring together parts of the community that do not often interact in their day-to-day lives, to foster understanding by experiencing events together, working on projects, and sharing stories about Stow's history.

The Stow Cultural Council completed a successful year, receiving a total of \$5,370.00 in grants from the following sources: \$3,870 from the State Legislature through the Massachusetts Cultural Council and \$1,500 from Town Meeting.

The Council voted to grant funds to the following projects for the 2012/2013 fiscal year:

- Nashoba Regional High School Friends of Drama: \$500 (Hello Dolly)
- Hale Middle School Play: \$600
- Stow Historical Society, \$400 (Katie Green as Mary Rowlandson)
- 2012/2013 Concert Season: \$250 (Acton Community Chorus)
- Lake Boon Water Carnival Music Boat: \$350 (Lake Boon Improvement Association)
- Summer Reading Program: \$650 (Randall Library)
- 2010-2011 Concert Season: \$500 (Sounds of Stow)
- Symphony Pro Musica: \$200
- Stow Recreation Department: \$425 (Henry the Juggler)
- 77th Regular Exhibition of Art and Craft: \$100 (The Fitchburg Art Museum)
- Rivers Edge Holiday concerts: \$200 (Hudson Area Arts Alliance)
- Ed Morgan: \$450 (The Music Man)
- Contemporary Arts International: \$200 (Sculpture Symposium)