

May 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																									
	1 9 Qi Gong 10 Aerobics 10 Shaw's 1 Crafts 7 TOWN MEETING	2 10 Zumba 10 SFCOA MEETING 11 BRAINS & BALANCE 12 Mealsite 1 Bridge 1 Tai Chi	3 9 VISION SCREENING 9:30 PODIATRY & HEARING CLINIC 9:30 HEARING 10 BLOOD PRESSURE 10 Aerobics 12:15 NURSE TALK 1 BILLIARD/POOL 1:30 The Bee	4 10 Zumba 11 BRAINS & BALANCE 12 Mealsite	5 9 Stretch 9 Yoga 10 Aerobics 11Shop/Lunch	6																																																																																																									
7	8 9 Qi Gong 10 Aerobics 10 Shaw's 1 Crafts	9 10 Zumba 11 BRAINS & BALANCE 12 Mealsite 1 Bridge 1 Tai Chi	10 10 Aerobics 10:30 DINER 1 POKER	11 10 COA BOARD 10 Zumba 11 BRANS & BALANCE 12 Mealsite 1 RED SOX@ COA 1 STUFF- LOVE IT OR LEAVE IT!	12 9 Stretch 9 Yoga 10 Aerobics 11Shop/Lunch 1 MAHJONG	13 SPRINGFEST SFCOA BREAKFAST, BAKE TABLE & MORE!																																																																																																									
14	15 9 Qi Gong 10 Aerobics 10 Shaw's 1 Crafts	16 10 Zumba 11 BRAINS & BALANCE 12 Mealsite 1 Bridge 1 Tai Chi	17 10 KITCHEN GARDEN/ COUNTRY MISCHIEF 10 Aerobics 1 BILLIARD/POOL 1:30 The Bee	18 10 Zumba 10:30 WILDFLOWER WALK 11 BRAINS & BALANCE 12 Mealsite 1 CRIME AND PUNISHMENT 1 REIKI	19 9 Stretch 9 Yoga 10 Aerobics 11Shop/Lunch	20																																																																																																									
21	22 9 Qi Gong 10 Aerobics 10 Shaw's 11 CLIMATE CHANGE 1 Crafts	23 10 VETERANS COFFEE HOUR 10 Zumba 11 BRAINS & BALANCE 12 Mealsite 1 Bridge 1 Tai Chi	24 10 Aerobics 1 POKER 1 LAURA'S TEA	25 10 Zumba 11 BRAINS & BALANCE 12 Mealsite 1 EMERSON HOSPITAL TALK	26 9 Stretch 9 Yoga 10 Aerobics 11Shop/Lunch 12 LUNCH & MOVIE 1 MAHJONG	27																																																																																																									
28	29 MEMORIAL DAY CLOSED	30 10 Zumba 10 Shaw's 11 BRAINS & BALANCE 12 Mealsite 1 Bridge 1 Tai Chi	31 10 Aerobics 11:30 LUNCH BUNCH 1 BILLIARD/POOL	<div style="display: flex; justify-content: space-around;"> <table border="1" style="border-collapse: collapse; text-align: center;"> <thead> <tr> <th colspan="7">Apr 2017</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td></td><td></td><td>1</td> </tr> <tr> <td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td> </tr> <tr> <td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td> </tr> <tr> <td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td> </tr> <tr> <td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td> </tr> <tr> <td>30</td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </tbody> </table> <table border="1" style="border-collapse: collapse; text-align: center;"> <thead> <tr> <th colspan="7">Jun 2017</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td></td><td></td><td>1 2 3</td> </tr> <tr> <td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td> </tr> <tr> <td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td> </tr> <tr> <td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td> </tr> <tr> <td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td> </tr> </tbody> </table> </div>		Apr 2017							S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							Jun 2017							S	M	T	W	T	F	S							1 2 3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		
Apr 2017																																																																																																															
S	M	T	W	T	F	S																																																																																																									
						1																																																																																																									
2	3	4	5	6	7	8																																																																																																									
9	10	11	12	13	14	15																																																																																																									
16	17	18	19	20	21	22																																																																																																									
23	24	25	26	27	28	29																																																																																																									
30																																																																																																															
Jun 2017																																																																																																															
S	M	T	W	T	F	S																																																																																																									
						1 2 3																																																																																																									
4	5	6	7	8	9	10																																																																																																									
11	12	13	14	15	16	17																																																																																																									
18	19	20	21	22	23	24																																																																																																									
25	26	27	28	29	30																																																																																																										